

DARARATT ANANTANASUWONG

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Health, Aging, and Retirement in Thailand
Research Bureau
National Institute of Development Administration

148 Seri Thai Road, Klongchan,
Bangkapi, Bangkok 10240
dararatt.nida@gmail.com

EDUCATION

The University of Tennessee Knoxville, TN, USA
Ph.D. in Economics

Kyoto University Kyoto, JAPAN
Ph.D. Candidate

Kyoto University Kyoto, JAPAN
M.A. in Economics

Thammasat University Bangkok, THAILAND
B.A. in Economics

CURRENT POSITIONS

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| Present | Director, Center for Aging Society Research, National Institute of Development Administration |
| | Senior Researcher at Research Center, National Institute of Development Administration |
| | Guest lecturer at School of Development Economics, National Institute of Development Economics |
| | Member of the Committee on Integrity and Transparency Assessment, National Anti-Corruption Commission (NACC Thailand) |
| | Member of WHO Technical Advisory Group for Measurement, Monitoring and Evaluation of the UN Decade of Healthy Ageing (2022-2024) |

PROFESSIONAL EXPERIENCE

Teaching

- 1994-present Assistant Professor, School of Development Economics, National Institute of Development Administration. Teaching graduate courses in *Economic Development, Environmental Economics, Industrial Economics, and Public Policy and Business Environment*
- 1996-1997 Visiting Professor, College of Economics, Ritsumeikan University, Kyoto, JAPAN. Teaching undergraduate courses in *Economic Development, Environmental Economics* and graduate course in *Economic Development of Thailand*.
- 1992-1994 Lecturer, School of Development Economics, National Institute of Development Administration. Teaching graduate courses in *Economic Development, and Environmental Economics*
- 1979-1992 Lecturer, School of Social Development, National Institute of Development Administration. Teaching graduate course in *Economic and Social Development*

Administration

- 2012-present Director, Center for Aging Society Research, Research Center
- 2006 – 2008 Associate Dean for Academic Affairs, School of Development Economics
- 2003 - 2006 Director, Research Center, National Institute of Development Administration (Since June 16, 2003)
- 2002- 2003 Associate Director, Center for Poverty Studies, School of Development Economics (Until June 15, 2003)
- 2001- 2002 Chairperson, Quality Assurance Committee, School of Development Economics
Member, Research Committee, National Institute of Development Administration
Member, Academic Document Promotion Project Committee, National Institute of Development Administration
- 1999 – 2002 Associate Dean for Academic Affairs, School of Development Economics
- 1999 Director, Evening Graduate Program, School of Development Economics
- 1991-1992 Associate Dean, School of Social Development, National Institute of Development Administration

Research (2014 – 2025)

- 2025 Country author, Assessing Financial Preparedness during Old Age in Asia: A Regional Study. (ADB KSTA 6556-REG) Asian Development Bank.
- 2025 Project leader, Health, Aging, and Retirement in Thailand (HART): Wave 6,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Council of Thailand.
- 2025 Project leader, “Application of HART and SES Database for the Analysis of Cost-of-Living Burden on Aged Population in Thailand.” Research grant from the National Research Council of Thailand.
- 2024 Project leader, “Health, Aging, and Retirement in Thailand (HART): Wave 5,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Council of Thailand. (In progress)
- 2023 - 2024 Researcher, “Working Life Expectancy: Thailand” under the “Promoting Active Ageing in Southeast Asia,” a joint research project between the Organization for Economic Co-operation and Development (OECD) and Economic Research Institute for ASEAN and East Asia (ERIA).
- 2023 Project leader, “Capacity Building for Longitudinal Panel Survey and Data Management for HART,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Council of Thailand.
- 2022 Project leader, “Health, Aging, and Retirement in Thailand (HART): Wave 4,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Council of Thailand.
- 2019 Project leader, “Health, Aging, and Retirement in Thailand (HART): Wave 3,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the Thailand Research Fund, SRI9.
- 2018 Researcher, “Changes in Employment of the Thai Elderly: Preparing for Creating Aging-friendly Employment.” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Commission of Thailand (NRCT).
- 2016 Project leader, “Well-being of the Thai Elderly, Wave 2,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Commission of Thailand (NRCT)

- 2015 Project leader, “Research Instrument Development for Longitudinal Panel Survey on Aging Society Study,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Higher Education Commission (NHEC)
- 2015 Project leader, “The Impact of Global Population Aging: Lessons for Thailand,” Center for Aging Society Research, National Institute of Development Administration. A research project funded by the National Research Commission of Thailand (NRCT)
- 2014 Program leader, “Well-being of the Elderly in Thailand,” Center for Aging Society Research, National Institute of Development Administration. A research program funded by the National Research Commission of Thailand (NRCT) (In progress)

PROFESSIONAL MEMBERSHIPS

Member of the Committee on Integrity and Transparency Assessment, National Anti-Corruption Commission (NACC Thailand)

Member of WHO Technical Advisory Group for Measurement, Monitoring and Evaluation of the UN Decade of Healthy Ageing (2022-2024)

CURRENT RESEARCH

Research Project: Family Relations and Transfers of Thai Older Persons, funded by the National Research Council of Thailand, Fiscal Year 2019 (October 2018 – September 2019), Co-investigator.

Research Project: Longitudinal Study of Ageing for the Well-being of Older Adults in Thailand: The Health, Ageing, and Retirement in Thailand Survey, funded by the National Research Council of Thailand, Fiscal Year 2025 (October 2024 – September 2025), Co-investigator.

PUBLICATIONS

- Pengpid, S., Peltzer, K., Theerawanviwat, D., Anantanasuwong, D., & Kaewchankha, W. (2025). Determinants of aging in Place Willingness among Community-Dwelling Older Adults in Thailand: results of a national survey. *Journal of Applied Gerontology*. <https://doi.org/10.1177/07334648251343657>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2025). Incident multimorbidity and associated factors among middle-aged and older adults in Thailand. *Psychology Health & Medicine*, 1–12. <https://doi.org/10.1080/13548506.2025.2478658>
- Pengpid, S., Peltzer, K., Hajek, A., Anantanasuwong, D., & Kaewchankha, W. (2024). Sociodemographic, lifestyle and psychological factors associated with healthy ageing in a national longitudinal study of middle-aged and older adults in Thailand. *Psychology Health & Medicine*, 1–14. <https://doi.org/10.1080/13548506.2024.2439134>
- Pengpid, S., Peltzer, K., Hajek, A., Anantanasuwong, D., & Kaewchankha, W. (2024). Determinants of depressive symptoms among persons 80 years and older: longitudinal national evidence from the health, aging, and retirement study in Thailand, 2015–2022. *BMC Geriatrics*, 24(1). <https://doi.org/10.1186/s12877-024-05479-z>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2024). Prevalence, correlates, and health indicators associated with meal-skipping among middle-aged and older adults in Thailand: A national longitudinal study. *Geriatrics and Gerontology International/Geriatrics & Gerontology International*. <https://doi.org/10.1111/ggi.14966>
- Pengpid, S., Peltzer, K., Anantanasuwong, D., & Kaewchankha, W. (2024). Longitudinal associations between living alone, childlessness and mental health and mortality in ageing adults in Thailand. *Global Transitions*, 6, 145–151. <https://doi.org/10.1016/j.glt.2024.06.001>
- Anantanasuwong, D., Pengpid, S., & Peltzer, K. (2024). Time-varying lifestyle and mental-ill health risk factors for the longitudinal development of daily activity limitations among middle-aged and older adults in Thailand. *Translational Medicine of Aging*, 8, 20–24. <https://doi.org/10.1016/j.tma.2024.05.002>
- Anantanasuwong D., Theerawanviwat D., & Siripanich P. (2024) Elderly Parent-Child Relationship in Thailand: Types, Determinants, and Impacts ISSN: 2432-4183 The Asian Conference on Aging & Gerontology 2024: Official Conference Proceedings (pp. 111-124) <https://doi.org/10.22492/issn.2432-4183.2024.9>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2023). Marital status, marital transition and health behaviour and mental health outcomes among middle-aged and older adults in Thailand: A national longitudinal study. *Archives of Gerontology and Geriatrics*, 117, 105196. <https://doi.org/10.1016/j.archger.2023.105196>

- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2023). Prevalence and determinants of incident and persistent depressive symptoms among middle-aged and older adults in Thailand: prospective cohort study. *BJPsych Open*, 9(3). <https://doi.org/10.1192/bjo.2023.72>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2023). Longitudinal associations of loneliness with mental ill-health, physical ill-health, lifestyle factors and mortality in ageing adults in Thailand. *BMC Psychiatry*, 23(1). <https://doi.org/10.1186/s12888-023-05263-0>
- Anantanasuwong D., & Theerawanviwat D. (2023) Family Supports Between Older Parents and Adult Children in Thailand ISSN: 2432-4183 The Asian Conference on Aging & Gerontology 2023: Official Conference Proceedings (pp. 21-38) <https://doi.org/10.22492/issn.2432-4183.2023.3>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2023). Bidirectional association between probable depression and multimorbidity among Middle-Aged and Older adults in Thailand. *Journal of Multidisciplinary Healthcare, Volume 16*, 11–19. <https://doi.org/10.2147/jmdh.s394078>
- Anantanasuwong, D. ., & Theerawanviwat, D. . (2023). Family Solidarity and Transfers between Elderly Parents and Adult Children in Thailand . *NIDA Development Journal*, 61(1), 1–38. retrieved from <https://so04.tci-thaijo.org/index.php/NDJ/article/view/260719>
- Choomplang, N. ., & Anantanasuwong, D. . (2023). The Employment Perspectives of Care Providers for Older Persons in Thailand. *Human Resource and Organization Development Journal*, 15(2), 50-80 <https://so01.tci-thaijo.org/index.php/HRODJ/article/view/255428>
- Pengpid, S., Peltzer, K., & Anantanasuwong, D. (2022). Bidirectional association between functional disability and multimorbidity among middle-aged and older adults in Thailand. *Frontiers in Public Health*, 10. <https://doi.org/10.3389/fpubh.2022.1055699>
- Anantanasuwong, D., Pengpid, S., & Peltzer, K. (2022). Prevalence and Associated Factors of Successful Ageing among People 50 Years and Older in a National Community Sample in Thailand. *International Journal of Environmental Research and Public Health*, 19(17), 10705. <https://doi.org/10.3390/ijerph191710705>
- Anantanasuwong, D. (2021). Population ageing in Thailand: Critical Issues in the Twenty-First Century. In *Education in the Asia-Pacific region* (pp. 31–56). https://doi.org/10.1007/978-981-16-3326-3_3
- Anantanasuwong, D., Theerawanviwat, D., & Siripanich, P. (2019). Panel survey and study on health, aging, and retirement in Thailand. In *Springer eBooks* (pp. 1–6). https://doi.org/10.1007/978-3-319-69892-2_982-1
- Anantanasuwong, D. (2019). Income distribution and socio-economic disparity in aging society in Thailand. *社会システム研究 (Social Systems Research)*, (39), 27-42. <https://www.ritsumeai.ac.jp/acd/re/ssrc/result/memoirs/kiyou39/39-04.pdf>

Anantanasuwong, D., Nujprayoon, P., & Santapan, C.(2019). Policy and Measure Suggestions to Protect and Promote the Right of Thai Older Persons: The Case of Discrimination on Age. A report submitted to National Human Rights Commission of Thailand. (in Thai)

Anantanasuwong, D. (2018). Mortality of the Thai Elderly: Preliminary Findings from HART Panel Survey ISSN: 2432-4183 The Asian Conference on Aging & Gerontology 2018: Official Conference Proceedings <https://papers.iafor.org/submission41644/>